

# Kuna School District

Oct 16, 2020

## MENU

Oct 19 - Oct 23

### ELEMENTARY & MIDDLE SCHOOL BREAKFAST

Choice of Local Milk Everyday

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 19 Breakfast Bar ** String Cheese Applesauce Cup Choice 100% Apple Juice	Oct - 20 WG Pop Tart Fresh Apples** 100% Apple Juice	Oct - 21 Banana Muffin ** String Cheese Pear Cup 100% Apple Juice	Oct - 22 Strawberry Mini Bagel ** Strawberry Fruit Cup 100% Apple Juice	Oct - 23 Blueberry Muffin ** Pineapple Cup 100% Apple Juice

-Made from scratch item \*\*Whole Grain item \*\*\*Local item  
"This institution is an equal opportunity provider"

## LUNCH

Choice of Local Milk Everyday

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 19 Potato Bowl Honey Wheat Roll Peaches	Oct - 20 Teriyaki Chicken Rice ** Steamed Carrots Applesauce Cup Choice	Oct - 21 Turkey & Cheese Sandwich Fresh Veggie Mix Sidekicks	Oct - 22 Chef Salad Breadsticks ~** Dried Cranberries	Oct - 23 Cheese Dip Soft Pretzel Sliced Cucumbers Baby Carrots Grapes

-Made from scratch item \*\*Whole Grain item \*\*\*Local item  
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\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.